

Congratulations!

Anticipating your birth experience is an exciting time, but sometimes it can also feel overwhelming. We are here to be a resource for you and your baby, and to support you throughout your pregnancy. An important part of prenatal care is identifying any risks that might exist for you, your pregnancy, or for your baby after birth. These might include medical conditions such as diabetes, asthma, depression or other issues that might make it hard to take care of yourself.

Thank you for choosing to partner with us and including us in your pregnancy story.



**For more information,
please contact:**

The Women's Hospital
Perinatal Social Worker
4199 Gateway Blvd.
Newburgh, IN 47630
812-842-0978
deaconess.com/twh

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**PERINATAL
SUPPORT PROGRAM**

deaconess.com/twh



Our Team

Our team takes a multidisciplinary approach to providing you support and information to best take care of you and your baby. This team includes:

Board-Certified Neonatologist

Our Neonatologists can help inform you of the treatment needs for babies exposed to substances during pregnancy. Our providers will help you understand what is needed to support your baby.

International Board Certified Lactation Consultants

Our Lactation Consultants are here to help support you in your feeding plans for your baby. The lactation department can work with you not only during your stay, but also when you are home as well.

Perinatal Social Worker

Our dedicated Perinatal Social Worker is here to help support your family in the next stages of life in welcoming your new baby to the world. Our social work team can assist you with finding additional resources in the community that will help set you up for success in the coming weeks.

Newborn/NICU Specialized Educator

Our Educator is here to offer support in understanding the treatment options for your baby. During this consult, you will learn ways to help comfort and support your baby.

Substance Use

Substance use is one concern that could affect the care of you and your baby. Therefore, we ask all patients about the use of tobacco, alcohol, or drugs during prenatal visits. It is best when providers and patients work together to make a plan for the patient to stop using drugs and alcohol. Answering these questions honestly is important to help create a plan, which may include:

- Finding a safe place to live
- Starting medicine
- Seeing a mental health specialist
- Going to community recovery support meetings
- Counseling

If you are facing challenges with substance use, this is the ideal time for us to connect you to treatment services and available community resources. We can be the extra hand you need

to help guide you through your journey to recovery and optimal health through your pregnancy. We will always provide honest information you can trust. The goal is to set up every patient for success in life and in parenting their baby. If you have any questions, please talk to your provider.

Local Community Resources

- **Brentwood Springs**
812-641-8645
- **Brighter Side Treatment Center**
812-962-9020
- **Clean Slate**
812-213-0304
- **Evansville Comprehensive Treatment Center**
812-602-0176
- **Fresh Start Recovery Center**
833-659-4357
- **Southwestern Behavioral Healthcare**
812-423-7791
- **Stepping Stone**
812-473-3104

