



Egg Retrieval Anesthesia Instructions

- ❖ Please drink adequate fluids the day before your procedure, up until the time specified below, to help maintain hydration.
- ❖ Do not eat or drink anything after midnight the day BEFORE your procedure. This includes chewing gum, mints, or other hard candy.
- ❖ If you take BP, cardiac, or seizure medications, please take them the morning of your procedure with a very small sip of water.
- ❖ If you take insulin or use inhalers, please bring them with you.
- ❖ If you regularly monitor your blood sugars, please bring your glucometer.
- ❖ Do not wear make-up or perfume the day of your procedure.
- ❖ Please do not wear contacts. Remove them and wear glasses.
- ❖ Remove nail polish. Toe nail polish is ok.
- ❖ Do not wear jewelry or any body piercings.
- ❖ No hair ornaments, scrunchies, or barrettes can be worn.
- ❖ Please wear loose, comfortable clothing and bring warm socks.
- ❖ You will need a ride home. You **CANNOT** drive or go home by yourself.
- ❖ A responsible adult should stay with you for 24 hours after your procedure.
- ❖ Your partner will collect a semen specimen **at home** prior to arriving for your procedure, unless otherwise instructed. Please have your partner bring his driver's license or photo ID today.
- ❖ Bring your driver's license or photo ID with you today.
- ❖ Approximately one hour after your procedure, you will be discharged home.
- ❖ Rest for the remainder of the day with an adult with you.
- ❖ **If you triggered with Lupron**, please bring your box of hCG (Pregnyl, chorionic gonadotropin, generic hCG, Novarel) with you on the day of your egg retrieval. You will receive an injection of hCG before you are discharged.