



Deaconess
FAMILY MEDICINE
RESIDENCY

Meet Our Family Medicine Residents



Sophia Scales, DO **Class of 2029**

ABOUT ME

Hello everyone! My name is Sophie Scales and I am an Evansville native! Born and raised here in Evansville and so happy to be back home to serve my community with Deaconess! I graduated from Mater Dei High School and went to study Biology at the University of Evansville. From there I went on to Marian University's College of Osteopathic Medicine where I earned my medical degree and love for family medicine was founded.

WHY CHOOSE DEACONESS?

I chose Deaconess Hospital for my Family Medicine residency because it offers the perfect balance of strong clinical training and a supportive, community-focused environment. As a local, the opportunity to train and serve in the community that shaped me is especially meaningful.

My rotation at Deaconess confirmed this choice. The residents were welcoming, collaborative, and dedicated to both learning and patient care. The faculty were equally impressive, consistently investing time in teaching and mentorship while fostering a positive learning environment. The staff also played a key role, working seamlessly as a team and emphasizing patient-centered care.

Overall, Deaconess feels like the ideal place for me to grow as a physician while giving back to my community.

HOBBIES/INTERESTS

My interests beyond medicine include golf (I actually played in college here at the University of Evansville), heading to Lake Barkley on a summers weekend, and spending time with family and friends. My husband and I have flipped our second home together over the past two years - I can't say I'm the most handy when it comes to house projects but I've learned a ton!