



*A place for all your life.*

## **“What to Expect” at The Women’s Hospital**

### **Insurance**

- \* Bring your insurance card and photo ID EACH time you are admitted to The Women’s Hospital.
- \* Most insurance plans require that a newborn be added within 30 days of their birth.
- \* To add your child to your current health insurance:
  - Through your employer: contact your Human Resources department for instruction on how to add baby. They will need the following information: name of employee, date of birth, name of baby, baby’s doctor name
  - Medicaid coverage or no insurance: our Social Work Department may be of assistance.
- \* For insurance questions, please contact The Women’s Hospital Financial Counselor or Social Worker.

### **General Hospital Rules**

- \* Enter through the South entrance—sign reads “OB-GYN Emergency Department.” Use this entrance 24 hours a day. Family and friends enter through the Main entrance 24 hours a day. Use buzzer if doors do not open.
- \* Visiting hours for your main support person and your other children are 24 hours a day. We require another adult to be present when children are visiting or spend the night. Suggested visiting hours are 9:00 am—8:00 pm. Remember to allow yourself time to nap/rest. You may have family wait in the designated waiting areas while you are in labor 24 hours/day. Visitors should not have fevers, colds, flu or other illnesses. Everyone should wash their hands with soap before holding your baby. We request everyone wear shoes in the hallways.
- \* The Women’s Hospital is a latex-safe environment. If you choose to decorate your hospital door, we request you use latex-safe decorations. We also request that family/friends not send latex balloons. Mylar balloons are okay.
- \* Phone calls from the hospital may be long distance to some areas of Evansville. The Women’s Hospital has a Newburgh phone number. If you plan to use a mobile phone, remember your charger. Long distance calls cannot be added to your hospital bill.

### **Amenities**

- \* The hospital works with professional newborn photographers to offer photographs of your newborn before you go home. An order form will be provided at the time that photos are taken.
- \* Family or friends may take pictures during your hospital stay. Health care providers must approve the use of videotaping once the baby is born (either vaginal or Cesarean birth) and may ask that videotaping be stopped if emergency situations develop. Please ask staff for their permission before taking photos or videotaping them.
- \* Meals are provided for patients and are included in your hospital stay. You will order room service from a menu in your room. Family members will be responsible for their own meals. The hospital cafeteria is open for 3 hours at each meal time. Family may also order room service, but they must pay for their meal with cash upon delivery to the room. Food may be brought in by family members. All rooms are private, and room assignments are made upon admission. We are unable to reserve rooms.

## **Labor and Delivery**

- \* The usual hospital stay for a vaginal delivery is 2 days (48 hours) and for a Cesarean Section, 3 days.
- \* Labor induction dates are tentative and may need to be adjusted to accommodate someone already in labor.
- \* If you deliver by Cesarean Section, ONE support person may accompany you to surgery IF you are awake for surgery. This is the policy of the Anesthesia Department for surgical safety.
- \* If you have a scheduled Cesarean Section, you need to arrive 2 hours before your scheduled surgery time and NOTHING to eat or drink after MIDNIGHT the night before your scheduled surgery. Please arrive at the OB-GYN Emergency Department.
- \* Don't forget to pack your toiletries (toothbrush, toothpaste, shampoo, deodorant) as well as comfortable clothing for you to wear (something stretchy will be more comfortable and fit better) and for baby to wear home. Please refer to our Oh Baby! App for packing lists for Mom, Support Person, and Baby.

## **Baby's Legal Documents**

- \* The official Birth Certificate must be requested from the Warrick County Health Department. There is a fee for each birth certificate. If you wish to have the birth certificate mailed to you, a form will be provided in the blue folder after delivery. This form must be mailed to the address on the form, not The Women's Hospital. You may drive to Boonville to obtain the birth certificate if you wish. You will be provided with a Record of Birth from the hospital, but this is not the official birth certificate.
- \* If you are not married to your significant other and you would like their name on the birth certificate, they must have a valid photo ID and social security number/card. An expired ID cannot be accepted. If the photo ID is not available, they will not be able to sign the paternity affidavit. If they are unable to be here, you can schedule an appointment with the Warrick County Health Department in Boonville, IN to change the baby's name on the birth certificate. They also require a photo id and a \$50 fee. You can do this until the child is 19 years of age. Please contact our Birth Certificate office at 812-842-4344 with any questions.
- \* If you have requested The Women's Hospital to file your baby's Social Security number, the card should arrive at your home address about 2-5 weeks after the birth of your baby. It is mailed from the Social Security Administration. If you will be filing for baby's Social Security number yourself, you will need to take the official Indiana State birth certificate as well as ID for yourself and go to the Social Security office.
- \* If you selected to have your baby's birth announcement in the Evansville newspaper, they are listed as space is available. It can be a few weeks before the announcement is published.
- \* You will be provided with a Customer ID number and website where you can print off a customized souvenir birth certificate with foot prints.

## **Baby Care and Safety**

- \* If you have not already selected a health care provider for your baby, please do so prior to your admission. Your obstetrician does not provide care for your newborn. Prior to delivery, you will need to call the person you select for your baby's care to make sure they accept your insurance and are accepting new patients.
- \* We do not provide pacifiers; if you would like to use one, please bring it with you, or they may be purchased at the Boutique in the hospital's main lobby.
- \* The Women's Hospital has a Newborn Channel on channels 2 and 3 (English and Spanish). Programs include: baby bath, feedings, mother care, sleep, safety, etc. A program guide will be in your blue folder after delivery.
- \* Baby must sleep in his/her crib, not in your bed. You may dress baby in his/her own clothing if you wish. No toys or stuffed animals should be placed in your baby's crib.
- \* Please check the installation of your baby's car seat prior to delivery and know how to properly adjust the straps. Parents are responsible for the use of their baby's car seat. The nurse discharging you will not place the infant in the car seat or install the seat in your car. Feel free to call The Women's Hospital to schedule an appointment for car seat installation assistance at 812-842-4655.
- \* Baby will need a blood test called a "Newborn Screen" at 24 hours of age. Required by Indiana law, it tests for 49 various medical conditions. If you go home before 24 hours, we are required to do the test before you leave, and you must bring the baby back 1-4 days later for a repeat test. You are charged for one test. The results will be sent to your baby's doctor.

**If you need to contact the Maternal Care Advisors, please email us at [maternalcareadvisors@deaconess.com](mailto:maternalcareadvisors@deaconess.com) or call us at 812-842-4170.**