

# DEACONESS WEIGHT LOSS SOLUTIONS

## MEDICAL HISTORY FORM FOR INITIAL CONSULTATION

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Primary Physician \_\_\_\_\_ Physician's Phone # \_\_\_\_\_

Date and reason for most recent office visit \_\_\_\_\_

### MEDICAL CONDITIONS -

PLEASE CHECK ONLY THOSE FOR WHICH YOU  
ARE BEING TREATED:

Condition                      Year Diagnosed

\_\_\_ Diabetes                      \_\_\_\_\_

\_\_\_ High Blood Pressure      \_\_\_\_\_

\_\_\_ High Cholesterol            \_\_\_\_\_

\_\_\_ Heart Disease                \_\_\_\_\_

\_\_\_ Heart Attack                 \_\_\_\_\_

\_\_\_ Sleep Apnea                 \_\_\_\_\_

    \_\_\_ CPap / BiPap              \_\_\_\_\_

\_\_\_ Asthma                         \_\_\_\_\_

\_\_\_ Arthritis                        \_\_\_\_\_

\_\_\_ Cancer                         \_\_\_\_\_

(indicate the type and location of cancer)

\_\_\_\_\_

\_\_\_ Acid Reflux / GERD        \_\_\_\_\_

\_\_\_ Depression/Anxiety/BiPolar disorder

\_\_\_ GI procedures                \_\_\_\_\_

\_\_\_ Back Pain                      \_\_\_\_\_

\_\_\_ Joint Pain                      \_\_\_\_\_

\_\_\_ Other: \_\_\_\_\_

Are you allergic to any medications?    YES \_\_\_\_\_    NO \_\_\_\_\_

MEDICATION ALLERGY:                      REACTION TO MEDICINE:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### CURRENT MEDICATIONS

(include over-the-counter medicines & vitamins):

Name of Drug                      Dose / Frequency                      Reason Taken

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

On Oxygen? \_\_\_\_\_

**HISTORY OF SURGERIES AND HOSPITALIZATIONS:**

<u>DATE</u>	<u>TYPE OF SURGERY OR HOSPITALIZATION</u>	<u>REASON</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

\*\*If you have been hospitalized in the last 6 months, please explain why: \_\_\_\_\_

**SOCIAL HISTORY**

Do you smoke? YES\_\_\_ NO\_\_\_ If YES, how many packs per day? \_\_\_\_\_ For how long? \_\_\_\_\_

How old were you when you started smoking? \_\_\_\_\_ Are you willing to quit? \_\_\_\_\_(yes/no)

If NO, but you have smoked in the past, what year did you **stop** smoking? \_\_\_\_\_ Age started? \_\_\_\_\_

Do you use E-cigarettes/vapor? \_\_\_\_\_(Yes/No) Do you use nicotine in the form of patches, losenges, or gum? \_\_\_\_\_(Yes/No)

Do you drink alcohol? Daily\_\_\_ Weekly\_\_\_ Rarely\_\_\_ Never\_\_\_ IF DAILY, how many drinks per day? \_\_\_\_\_

Did you drink heavily in the past? \_\_\_\_\_(Yes/No) If yes, are you still? \_\_\_\_\_(Yes/No) OR, When did you stop? \_\_\_\_\_

Are you currently using Illegal drugs? YES\_\_\_ NO\_\_\_ Have you used illegal drugs in the past? YES\_\_\_ NO\_\_\_

\*If YES, what drug(s), substances? \_\_\_\_\_

\*\*How much did you use, when did you start and when did you stop the above substances? \_\_\_\_\_

**FAMILY HISTORY**

Please fill out the attached Family History form as completely as possible. This information is very important.

**Please include any other important health information that is not covered elsewhere on this Medical History form:**

\_\_\_\_\_

YOUR SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

## FAMILY HISTORY

**PLEASE CHECK (✓) ALL THAT APPLY.**

	ARTHRITIS	CANCER (please indicate the type of cancer and location, if pertinent)	DIABETES	HEART ATTACK	HEART DISEASE	HIGH BLOOD PRESSURE	LIVER DISEASE	LUNG DISEASE	OBESITY	SLEEP APNEA	STROKE	CURRENT AGE (if still living)	DEATH – indicate age and cause
MOTHER													
FATHER													
MATERNAL GRANDMOTHER (mother's family)													
MATERNAL GRANDFATHER (mother's family)													
PATERNAL GRANDMOTHER (father's family)													
PATERNAL GRANDFATHER (father's family)													
YOUR SIBLINGS (please indicate for each diagnosis whether it is brother / sister who was affected)													

YOUR SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_