

Patient Name:

**Your doctor has ordered and extended prep for your colonoscopy to ensure you are cleaned out for your procedure. Please follow the additional instructions on this sheet as well as the entire preparation instructions on the following pages:**

**7 DAYS before your procedure:**

**\*\*In addition to the medications ordered on the following sheets, please purchase the following over-the-counter medications as well.**

- 1 bottle of Miralax 119 gm (powder)
- 2 Dulcolax 5mg tablets (Bisocodyl)
- One 32-ounce bottle of Gatorade or Powerade (no red, purple or orange)

**5 DAYS before your procedure:**

**\*\*\*Follow instructions on other sheet.\*\*\***

**2 DAYS before your procedure:**

1. **Stop** all solid food
2. **Stop** ANY LIQUID that is **RED, ORANGE or PURPLE** (in jello, sports drinks, juice, popsicles, etc.)
3. Start a **FULL liquid** diet, which includes all fluids that are normally liquid or turn to liquid at room temperature.

**3 PM, 2 days before your procedure:**

1. Take **2** Dulcolax tablets with 8 ounces of water.

**6 PM, 2 days before your procedure: Drink MIRALAX solution.**

1. Mix **one 32-ounce** bottle of Gatorade or Powerade with the **119 gm bottle** of Miralax.
2. Drink the entire mixture within two hours.

***Continue all prep instructions for day before and day of procedure on following sheets. If you have any questions regarding the extended prep instructions, please call 812-426-9545.***