













Deaconess Illinois Medical Center



		Monday 28-Apr	Tuesday 29-Apr	Wednesday 30-Apr	Thursday 1-May	Friday 2-May	
		MEATLESS				HOOK & HARBOUR	
		sausage, egg, and cheese on a buttered croissant	tater tot casserole	biscuit breakfast sandwich	brown rice and quinoa breakfast bowl	french toast breakfast sandwich	
	Entrées	stuffed bell peppers with quinoa and vegetables	kentucky hot brown casserole	smothered pork chops	carolina turkey meatloaf	blackened rainbow trout	
		blackened salmon	southern fried catfish	chicken cacciatore	beef and broccoli	seafood creole jambalaya	
	Vegetables	kale braised with bacon	collard greens	buttered lemon pepper broccoli	sauteed green beans with blistered cherry tomatoes	corn maque choux	
		sauteed tri color bell peppers with red onion	black-eyed peas	zucchini and yellow squash	tri color carrots	stewed okra	
	Starch	buttered herb pasta	baked mac and cheese	polenta	parsley redskin potatoes	lemon rice pilaf	
		garden rice with colorful medley of fresh vegetables	red beans and rice	pasta cavatappi	pan fried lo mein noodles	mashed potatoes	
			eggplant parmesan	frito pie	carnival nachos	penne pasta with hot Italian sausage, peppers, onions	wings of fire
			Closed	wedge salad with assorted roasted vegetables	kerabu chopped salad	Closed	healthy greens chicken protein bowl
		Closed	grilled buffalo chicken burger	arcadia grilled cheese	mushroom havarti	turkey burger	
		Closed	roasted chicken bacon, red onion, and blue cheese	cajun roast beef sandwich	smoked turkey and cranberry sandwich	tuna salad tomato and basil sandwich	
		Closed	white bean and tomato	italian wedding soup	broccoli and cheddar soup	cheeseburger soup	
		Closed	cherry tomato and pesto	pulled bbq pulled pork	soppressata and hot honey pizza	cheeseburger pizza	
		rocky road chocolate chunk brownie	campfire berry peach cobbler	gooey butter cake	tres leches cake	cast iron peach cobbler	

Menu items are subject to change without notice due to product availability