

## Speakers



**Yousef Altowaireb, MD**

Endocrinologist  
Deaconess Clinic



**Ashwin Durairaj, MD**

Cardiologist  
Deaconess Heart Group



**Prabhakara Heggunde, MD**

Interventional Cardiologist  
Deaconess Heart Group



**Srikanth Penumetsa, MD**

Interventional Cardiologist  
Deaconess Heart Group



**Adeel Siddiqui, MD,  
FACC, FSCAI**

Interventional Cardiologist  
Deaconess Heart Group



**Irfan Siddiqui, MD**

Interventional Cardiologist  
Deaconess Heart Group



**Lynne Warner  
Stevenson, MD**

Lisa M. Jacobson Professor of  
Cardiovascular Medicine  
Director of Cardiomyopathy  
Vanderbilt University Medical Center

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# TRI-STATE CARDIOVASCULAR SYMPOSIUM

Contemporary Concepts in the  
Management of Cardiovascular Disease

**February 17, 2024**

**7:30 AM – 2:00 PM**

Deaconess Pavilion Conference Room  
4011 Gateway Blvd., Newburgh, IN



# TRI-STATE CARDIOVASCULAR SYMPOSIUM

**Saturday, February 17, 2024**

## Target Audience

Physicians, nurse practitioners, physician assistants and students

## Outcome Statement

Provide continuing medical education on the contemporary approach to timely recognition, appropriate investigation and management of cardiovascular diseases

## Objective

Provide an overview of the most recent advances in cardiovascular care, including developments in the prevention, diagnosis, treatment and management of cardiovascular disease, and offer clinical relevance for the translation to practice

## Continuing Education

### Physicians

The Deaconess Health System is accredited by the Indiana State Medical Association (ISMA) to provide continuing medical education for physicians.

Deaconess Hospital designates this live activity for a maximum of 5.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Disclosures

All presenters have agreed to present in a fair and unbiased manner consistent with the guidelines for continuing education.

## Course Directors

- Srikanth Penumetsa, MD
- Adeel Siddiqui, MD, FACC, FSCAI

## Organizational Support

This symposium is supported by Deaconess Foundation

## Agenda

**7:30–8:00 AM Registration/Breakfast/Welcome**  
*Adeel Siddiqui, MD, FACC, FSCAI—Symposium Moderator*

**8:00–9:15 AM Peri-Op Cardiovascular Management**

- 8:00–8:30 AM**  
Pre-Op Cardiovascular Risk Assessment  
*Adeel Siddiqui, MD, FACC, FSCAI*
- 8:30–9:00 AM**  
Duration and Peri-Op Management of Dual Antiplatelet Therapy—*Irfan Siddiqui, MD*
- 9:00–9:15 AM—Q&A**

**9:15–10:30 AM Heart Failure**

- 9:15–9:45 AM**  
Heart Failure: Reading Between the Guidelines—*Lynne Warner Stevenson, MD*
- 9:45–10:15 AM**  
The Path Through Hospitalization for Chronic Heart Failure—*Lynne Warner Stevenson, MD*
- 10:15–10:30 AM—Q&A**

**10:30–10:45 AM Break**

**10:45–12:15 Hypertension**

- 10:45–11:10 AM**  
Overview of Primary Hypertension and Pharmacological Management  
*Srikanth Penumetsa, MD*
- 11:10–11:35 AM**  
Secondary Hypertension: When to Suspect and How to Investigate—*Yousef Altowaireb, MD*
- 11:35 AM–Noon**  
Resistant Hypertension: Diagnosis and Management—*Prabhakara Heggunde, MD*
- Noon–12:15 PM—Q&A**

**12:15–12:40 PM Break**

**12:40–2:00 PM Lunch & Learn: Hyperlipidemia**

- 12:40–1:10 PM**  
LDL Reduction for Primary and Secondary Prevention of ASCVD—*Ashwin Durairaj, MD*
- 1:10–1:40 PM**  
Management of Non-LDL Lipid Risk Factors for ASCVD—*Srikanth Penumetsa, MD*
- 1:40–2:00 PM—Q&A**

**2:00 PM Adjourn**

## Registration

**The cost to attend this seminar is \$30.**

Registration is required. Register online at [www.deaconess.com/CVsymposium](http://www.deaconess.com/CVsymposium). Registration deadline is February 7, 2024. Substitutions are permitted. Lunch is provided; vegetarian option available.

**Seating is limited; register early to ensure enrollment.**

If you have questions, please email [meaghan.brewer@daconess.com](mailto:meaghan.brewer@daconess.com).

## Deaconess Pavilion Conference Room

Deaconess Orthopedic and Neuroscience Hospital—Third Floor  
4011 Gateway Blvd., Newburgh, IN

