Wabash COMMITTED TO THE COMMUNITY Vanderburgh

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2015 Community Benefit Report

COMMUNITY HEALTH NEEDS ASSESSMENT

Deaconess continues to address the four issues highlighted in our 2012 Community Health Needs Assessment (CHNA): tobacco use, obesity, substance abuse, and mental health. In year three of our three-year plan, we realized significant victories in the areas of obesity and mental health.



Complete Street

Elements of a successful "built environment" such as complete streets, good urban design, and open space support physical activity as part of everyday life for all ages. In 2015, the City of Evansville approved a plan from the Department of Metropolitan Development to turn North Main Street into a "complete street." This 13-milliondollar project will create protected space for pedestrians, bicyclists, and motorized vehicles. The design encourages active modes of transportation (like walking and bicycling) and creates a direct connection from downtown to Garvin Park.

Youth Mental Health First Aid

Mental Health First Aid and the youth specific first aid course are an inperson training that teaches participants how to help people developing a mental illness or those in a crisis. Specific subject matter includes:

- Signs of addictions and mental illnesses
- 5-step action plan to assess a situation and help
- Impact of mental and substance use disorders
- Local resources and where to turn for help

On May 1, 2015 the CHNA local collaborative applied for a Youth Mental Health First Aid federal grant to expand the existing program. The goal was to provide more instructors and to train more people in Mental Health First Aid, especially those who encounter young people on a very regular basis like youth ministers, non-profit organization volunteers, and school teachers.

The grant application was successful and throughout 2015, more than 20 trainers were certified and plans made to offer the course to schools, churches, businesses, and organizations throughout the Tri-State.



▲ 1. Lung Cancer Vigil; 2. The annual Rotary Santa Run; 3. Wise Choice at the Fall Festival; 4. 2015 Stache Dash

Centering Pregnancy

In 2014, The March of Dimes awarded a grant to Deaconess Family Medicine Residency to support "centering pregnancy" in Vanderburgh County. Centering Pregnancy is a multifaceted model of care that gathers 8 to 12 women of similar gestational age to meet together on a regular basis to learn care skills, develop a support network, and receive education on maternal and infant topics.

Through the Family-Centered Maternity Care program, Deaconess Family Medicine residents utilize well-researched methods to reduce risk for preterm labor, increase birth weights, and increase breastfeeding initiation in patients. Peer support and prenatal case management play a huge role in the program and help reduce the chances of substance abuse, domestic violence, child abuse and neglect.

During FY14-15, there were 7 centering groups. Of the 50 women who participated in the groups, 48 experienced a full-term pregnancy and only 2 had a premature birth. This is a significant improvement in preterm births for Vanderburgh County.















Homeless Medical Respite Program

The Homeless Medical Respite Program (HMRP) at the United Caring Shelter began on November 14, 2014. The one-year pilot program was sponsored by Deaconess in partnership with United Caring Services and intended to provide a safe place for homeless men to rest and recover following an inpatient stay at Deaconess or another hospital.

The desire to create the HMRP grew out of the collaborative analysis of homelessness in Evansville called "Destination Home" and the 2012 Community Health Needs Assessment. Both reports identified a need for a "discharge plan to prevent release from a publicly funded institution resulting in immediate homelessness."

In FY14-15, the 6-bed respite received 29 guests. The 29 men spent a collective total of 898 nights in the respite. That equates to a savings of \$1 million for local hospitals who otherwise would have had these men as inpatients. Following discharge from the respite, most of the men moved into more stable and appropriate housing than what they had before coming to the HMRP.

- 8 men went to their own apartment
- 9 men went to a homeless shelter
- 2 men went to nursing homes
- 1 man went to an inpatient substance abuse treatment facility
- 1 man went to a group home via Southwestern Behavioral Health
- 8 men planned to stay with family and/or friends

The pilot program was considered a success and the HMRP continues to operate at the United Caring Shelter. Plans are underway to add 4 respite beds for women at Ruth's House, a homeless shelter for women also operated by UCS.

HeartSaver Program

In the fall of 2014, The Heart Hospital teamed up with the Deaconess Foundation to create a program called HeartSaver. The mission of HeartSaver is to reduce sudden death through placement of lifesaving automated external defibrillators (AEDs) in the Tri-State.

The HeartSaver committee's goal was to raise enough money to place a minimum of 25 AEDs per year in community locations where large crowds gather. By the end of FY14-15, the group had placed 57 AEDs in Vanderburgh and Warrick Counties.

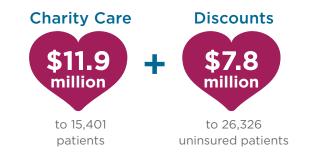
◀ 5. 2015 Distinguished Gentleman's Ride; 6. SMILE on Down Syndrome Trucks and Heroes; 7. HeartSavers AED Presentation; 8. SMILE on Down Syndrome Trucks and Heroes; 9. 2015 Race for the Cure; 10. & 11. Health Science Institute; 12. Deaconess volunteers and their families at the United Caring Shelter.



69 million

This amount includes charity care. government-funded programs shortfall, and community benefit activities for the Deaconess Health System.

HOW WE SUPPORT THE COMMUNITY: FISCAL YEAR 2014-2015



Deaconess Cross Pointe



training and educating the region on a variety of mental health topics including substance abuse.

Deaconess Family Medicine Residency Clinic



of care to 18,644 patients with limited financial resources.

\$6,478,568 million total on Medication Assistance Program

\$6.26 million of medication dispensed \$221,644 co-pay assistance

SPONSORSHIPS

Deaconess provided financial support to these organizations in FY 14-15

Academy of Innovative Studies AIDS Resource Group Albion Fellows Bacon Center The Alhambra Theater ALS Association Indiana Chapter Alzheimer's Association American Heart Association American Red Cross The ARC of Evansville ARK Crisis Child Care Center Arthritis Foundation Arts Council of Southwest Indiana ASSE Audubon Chapter Aurora **Big Brothers Big Sisters Ohio** Valley **Boonville High School** Boys and Girls Club Boy Scouts - Buffalo Trace Council CAJE Carver Community Organization Cedar Hall School Chandler Elementary School Chemo Buddies Children's Museum of Evansville Colon Screening for Life Community Coordinated Child Care of Southern Indiana Community Food Bank **Community Marriage Builders** Cultural Society of India **Cystic Fibrosis Foundation** Delaware Elementary School Douglas R Partenheimer Foundation Easter Seals Rehabilitation Center ECHO Community Health Care **Evans Elementary School** Evansville African American Museum Evansville Area Trails Coalition Evansville Catholic High Schools **Evansville Christian Life Center** Evansville Convention and Visitor's Mt. Vernon High School Bureau

Evansville Emergency Food Pantry

Evansville Goodwill Industries

Evansville Kidney Association

Evansville National Night Out

Evansville Parks Foundation

Evansville Philharmonic Guild

Evansville Police Department

Evansville Rescue Mission

Evansville Sports Corp.

Foundation

Evansville Philharmonic Orchestra

EVSC **EVSC** Foundation Evansville Zoological Society Father Bradlev Shelter for Women and Children First District Medical Society Fraternal Order of Police Friends of Mental Health Gibson General Health Foundation Gibson Southern High School Gilda's Club of Evansville Girl Scouts of Southwest Indiana Good Samaritan Home Green River Kiwanis Hadi Shriners Harmonie Hundred Healthy Communities Institute Henderson Area Arts Alliance Historic Newburgh, Inc. Holly's House House of Bread and Peace Impact Christian Health Center Inspiring Autism Spectrum Families, Inc. Ivy Tech Foundation Jacobsville Area Community Corp. Jasper Chamber of Commerce Jasper High School Junior Achievement Junior League of Evansville Keep Evansville Beautiful Komen Evansville, Tri-State Lampion Center Leadership Evansville Lincolnland Economic **Development Corporation** Little Lambs Marian University Media Ministries Dream Center Memorial Tigerettes Mental Health America of Vanderburgh County Mesker Park Zoo Muscular Dystrophy Association National Fire Safety Council, Inc.

Indiana Newburgh Sea Creatures North Posey High School Oakland City University Ozanam Family Shelter Parenting Time Center Patchwork Central Plaza Park Cross Country Booster **Pike Central High School**

National Kidney Foundation of WNIN YWCA

Point Man Potter's Wheel **Public Education Foundation** Pulmonary Fibrosis Partners Ronald McDonald House Rotoract Club of Evansville Rotary Club of Jasper Rotary Foundation of Evansville Safety and Wellness Partnership SCORE Evansville Chapter 268 South Spencer High School Southern Indiana Triathlon Team Spencer County Fair St. Boniface Parish St. Vincent Center for Children Streets Alive Substance Abuse Council of Vanderburgh County Suicide Prevention Coalition SWIRCA SWISA Tales and Scales Team Evansville Music Academy Tecumseh Jr./Sr. High School Tenth Street Elementary School TOUCH, Inc. Tri-CAP Student Wellness Tri-State Food Bank Tri-State Medical Alliance Tri-State Multiple Sclerosis Association Union County High School **United Caring Services** United Mitochondrial Disease Foundation United Neighborhoods of Evansville United Way of Southwestern Indiana University of Evansville University of Southern Indiana USGBC Vanderburgh Community Foundation Vanderburgh County CASA Vanderburgh Humane Society Vanderburgh Medical Alliance Warrick County FOP 148 Warrick County Summer Musical YMCA of SWIN Youth First Youth Resources



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